

Itsy Bitsy Yoga® Facilitator Training Registration Form



Select Training(s):

- 3-day Baby** (birth-9 months) **5-day Baby & Tot** (birth-24 months) **2-day Tykes** (21 mos.-4 years) **4-day Tots & Tykes** (9 months-4 years)

Location & Dates: _____

Full Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____ Country: _____

Home #: _____ Mobile #: _____

Date of Birth: _____ Age: _____ Sex: Male _____ Female _____

E-mail: _____ Website: _____

Occupation: _____ If currently not employed tell your vocation or profession.

Describe your personal yoga practice: _____

What styles/schools of yoga have you studied? _____

Are you a certified yoga teacher? _____ (not a prerequisite) If yes, for how long? _____

If yes, where is your yoga teacher certification from? _____

What audiences do you offer yoga classes to? *Circle all that apply*

Adult Prenatal Post-natal Mom & Baby Mom & Tot Preschoolers Parent/Child Kids Teens

Have you or are you currently working with expecting or new parents, babies, toddlers or pre-school aged children?

Describe: _____

List any other relevant education, training, or experience: _____

Are you currently affiliated with a medical facility, school, childcare center or any other organization or business involved with the nurturing of parents, babies, toddlers or preschoolers? _____

If so, in what capacity? *Please include name and location* _____

What are your interests and intentions for teaching yoga to babies, tots and/or tykes? _____

What do you hope to learn from the Itsy Bitsy Yoga Facilitator Training Program? *Please be specific so we can better meet your interests:* _____

How did you hear about this program? _____ Did anyone refer you? Who? _____

If you have a non-mobile baby, will you bring her/him to the training? Yes No How many months old? _____

Any health concerns that you feel it would be important for us to know: _____

Emergency contact & #: _____ Interested in sharing a hotel room w/ other participants? Y or N

*****SAVE \$25 when you register 30 days prior to start of training!*****

3-day BABY Itsy Bitsy Yoga Facilitator Training prepares you to teach Yoga to Babies (birth-9 months with a parent) The cost is \$525 (Early Bird Registration is \$500, you save \$25) and includes • Three-days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • a 125+ page Baby IBY Facilitator Manual/Reference Book • Certification Packet, providing you with all the necessary tools needed to begin teaching with ease, and become a Certified Baby Itsy Bitsy Yoga Facilitator • An insightful Business & Marketing MP3/CD to help you be successful at teaching Baby IBY classes • Signed copy of Helen's baby IBY book • AND, a special surprise gift! • A \$100 deposit is required to secure placement in the Baby Itsy Bitsy Yoga Facilitator Training.

5-day BABY & TOT Itsy Bitsy Yoga Facilitator Training prepares you to teach Yoga to Babies (birth-pre-crawling with a parent) and Tots (crawling -24 months with a parent) The cost is \$750 (Early Bird Registration is \$725, you save \$25) and includes • Five-days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • a 200+ page Baby & Tot IBY Facilitator Manual/Reference Book • Certification Packet, providing you with all the necessary tools needed to begin teaching with ease, and to become a Certified Baby & Tot Itsy Bitsy Yoga Facilitator • an insightful Business & Marketing MP3/CD to help you be successful at teaching Baby & Tot IBY classes • Signed copy of Helen's baby/tot IBY book • AND, a special surprise gift! • \$150 deposit is required to secure placement in the Baby & Tot Itsy Bitsy Yoga Facilitator Training.

2-day TYKE Itsy Bitsy Yoga Facilitator Training prepares you to teach yoga to Tykes (21 months-Age 4 with a parent) The cost is \$375 (Early Bird Registration is \$350, you save \$25) and includes • Two-days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • a 100+ page IBY Tyke Facilitator Manual/Reference Book • Tyke IBY Teaching Kit • Certification Packet, providing you with all the necessary tools needed to begin teaching with ease, and to become a Certified Tykes Itsy Bitsy Yoga Facilitator • An insightful Business & Marketing MP3/CD to help you be successful at teaching Tyke IBY classes • Signed copy of Helen's Toddler/Preschooler IBY book. • A deposit of \$75 is required to secure placement in the Tyke Itsy Bitsy Yoga Facilitator Training.

4-day TOT & TYKE Itsy Bitsy Yoga Facilitator Training prepares you to teach yoga to Tots (crawling/ 10-24 months with a parent) and Tykes (21 months - 4 years with a parent) The cost is \$645 (Early Bird Registration is \$620, you save \$25) and includes • Four-days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • A 200+ page Tot & Tyke IBY Facilitator Manual/Reference Book • Tyke IBY Teaching Kit • Certification Packet, providing you with all the necessary tools needed to begin teaching with ease, and to become a Certified Tot & Tyke Itsy Bitsy Yoga Facilitator • An insightful Business & Marketing MP3/CD to help you be successful at teaching Tot & Tyke IBY classes • Signed copy of Helen's Toddler/Preschooler IBY book. • AND, a special surprise gift! • A deposit of \$125 is required to secure placement in the Tot & Tyke Itsy Bitsy Yoga Facilitator Training.

Please mail or fax the *registration form, signed participant agreement and deposit or full payment* to:

Spirit into Life, Inc. C/O Itsy Bitsy Yoga Int'l P.O. Box 282 Sudbury, MA 01776 USA FAX # (323) 908-7302

Payment: Please make checks payable to Spirit into Life Inc. or include credit card info below. All balances are due 14 days prior to the start of training.

Circle credit card type: Master Card Visa
Card # _____ - _____ - _____ Exp. Date ____/____ \$ _____
Cardholder Name: _____ Signature: _____
Check # _____ Check amount \$ _____

Cancellation Policy: Itsy Bitsy Yoga International reserves the right to cancel or reschedule trainings.

Refund Policy: Refunds are available in writing no later than 30 days prior to the start of training. A \$75 processing fee will be subtracted. We are unable to honor refund requests made after that date.

Confirmation: Shortly after we receive your application you will receive a welcoming email to confirm your registration and provide you with further details.

Class Size: Helen intentionally creates a small, intimate training environment so that you receive lots of personal attention and interaction with other participants. Class sizes vary between 6 to 18 people. When a training is FULL, it will say filled on the schedule.

Questions: If you need to speak with someone at Itsy Bitsy Yoga International regarding your application or qualifications email register@ItsyBitsyYoga.com or call us toll-free at (877) YOGA-FUN -- (877) 964-2386 or at (978) 310-7000.

| | |
|------------------|-------------|
| _____ | _____ |
| Signature | Date |



Itsy Bitsy Yoga® (IBY) Participant Agreement

I, (print your name) _____ am participating and learning about Itsy Bitsy Yoga® classes for parents to enjoy with their child(ren). I understand that attendance of any part of any IBY Facilitator Training workshop, and/or completion of any part or all of the Certification Packets prepares me to begin practicing the art of facilitating parent/child yoga classes using the IBY yoga postures, philosophies, techniques, and series applicable to the age range covered during this workshop.

I understand that Helen Garabedian, the Founder of Itsy Bitsy Yoga International, has extensive training in Yoga, Infant Developmental Movement and Early Childhood Education. She is committed to insure the quality of Itsy Bitsy Yoga® through continued research and training. Therefore, I agree not to conduct online classes or trainings in baby yoga, toddler yoga, preschool-aged yoga, or IBY for workshops for professionals, paraprofessional, or aspiring mentors/teachers. I also agree not to certify professionals, daycare providers, yoga, massage or early childhood teachers in the IBY postures, techniques, and methods.

I understand that I am allowed to present an in-service limited to 1 hour to share highlights of the IBY philosophy and methods learned during my IBY workshop with the intention of introducing to, and clarifying for, professional peers and/or supervisors what I will be teaching to parents and their babies, tots or tykes.

I understand that the Itsy Bitsy Yoga logo and name are registered trademarks of Spirit into Life, Inc./Itsy Bitsy Yoga International. The right to use the name and logo, including officially calling parent/baby, parent/tot, parent/tyke, little family yoga classes "Itsy Bitsy Yoga" is reserved for those who are whole-heartedly seeking certification in the four-month allotment of time or are facilitators who have been awarded certification and fulfill the license requirements set by Itsy Bitsy Yoga International / Spirit Into Life, Inc.

I understand that one exception exists that allows me to officially refer to my classes as IBY Classes *before I am certified and licensed*; and this is when I am fulfilling my 4 community classes to babies and tots, or tykes, for my certification.

I understand that I have 4-months (plus an additional 2-months, if requested) to complete IBY certification requirements and during that time, my name, city, email, phone number will be listed on www.itsybitsyyoga.com to help you secure locations and students via the "class locator."

I understand that I am allowed to freely excerpt one quote from any IBY publications, promotional materials, or website, in my brochure or other promotional materials. I agree to credit the rightful author(s) of any quote I use in my materials. If more than one quote is excerpted, I agree to obtain written permission from the publisher and/or Spirit into Life, Inc.

I understand that all materials in the IBY Facilitator Handbook, IBY Songbook, IBY Coloring Book, Business/Marketing MP3/CDS, and Certification Packets are protected by copyright and cannot be reproduced in any form, electronic or mechanical, including photocopying without written permission from their publisher or Itsy Bitsy Yoga International.

I understand that workshop participants and certification candidates are not required to hold a certification as an Adult Yoga Teacher. However, those who are not certified teacher of yoga for adults are not authorized or certified to lead, teach, or instruct adult yoga poses outside of the written IBY curriculum.

I respectfully understand that the stories and experiences of other workshop participants, parents, or professionals, are strictly confidential and was shared as a gift to support my training. Unless permission is granted, I agree to refrain from naming/and sharing verbally or in writing, any personal or identifying information expressed in the workshop.

I understand that my status as a Certified Itsy Bitsy Yoga Facilitator is contingent upon acceptance of the terms of the Limited License Agreement I am offered.

I understand that IBY/Spirit into Life, Inc. offer workshops and ongoing supervision for its enrolled candidates and that IBY and Spirit into Life, Inc. do not employ or guarantee employment to workshop participants, nor will IBY and Spirit into Life, Inc. organize my parent/baby, parent/tot, parent/tyke or little family yoga classes.

In signing below, I am consenting to abide by this Agreement. I have read, understand, and agree with the Information stated above.

Workshop Participant Signature

Date

Please submit the signed agreement with your registration form and keep a copy for your records.