

Itsy Bitsy Yoga® Facilitator Training Registration Form



Select Training(s):

- 3-day Baby** (birth-9 months) **5-day Baby & Tot** (birth-24 months) **2-day Tykes** (21 mos.-4 years) **4-day Tots & Tykes** (9 months-4 years)

Location & Dates: _____

Full Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home #: _____ Mobile #: _____

Date of Birth: _____ Age: _____ Sex: Male _____ Female _____

E-mail: _____ Website: _____

Occupation: _____ If currently not employed tell your vocation or profession.

Describe your personal yoga practice: _____

What styles/schools of yoga have you studied? _____

Are you a certified yoga teacher? _____ (not a prerequisite)

If yes, where is your yoga teacher certification from? _____

Are you currently teaching yoga? _____ For How long? _____ # classes p/wk. _____

What audiences do you offer yoga classes to? *Circle all that apply*

Adult Prenatal Postnatal Mom & Baby Preschoolers Parent/Child Kids Teens

Have you or are you currently working with expecting or new parents, babies, toddlers or pre-school aged children? Describe: _____

List any other relevant education, training, or experience: _____

Are you currently affiliated with a medical facility, school, childcare center or any other organization or business involved with the nurturing of parents, babies, toddlers or preschoolers? _____

If so, in what capacity? *Please include name and location* _____

What are your interests and intentions for teaching yoga to babies, tots and/or tykes? _____

What do you hope to learn from the *Itsy Bitsy Yoga Facilitator Training Program*? Please be specific so we can better meet your interests: _____

How did you hear about this program? Did anyone refer you? Who? _____

If you have a non-mobile baby, will you bring her/him to the training? Yes No How many months old? _____

Do you want us to give your contact info to other participants who may want to share a hotel room? Yes No

Any health concerns or general comments that you feel it would be important for us to know:

Emergency contact & number: _____

*****SAVE \$25 if you register 30 days prior to the training!*****

3-day BABY Itsy Bitsy Yoga Facilitator Training prepares you to teach yoga to Babies (birth-9 months with a parent) The cost is \$525 (Early Bird Registration is \$500, you save \$25) and includes • Three days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • A 125+ page Baby IBY facilitator manual/reference book • A certification packet, which provides you with all the necessary tools you will need to become a certified Baby Itsy Bitsy Yoga facilitator • A signed copy of Helen's book • An Itsy Bitsy Yoga t-shirt. A \$100 deposit is required to guarantee placement in the Baby Itsy Bitsy Yoga Facilitator Training.

5-day BABY & TOT Itsy Bitsy Yoga Facilitator Training prepares you to teach yoga to Babies (birth-pre-crawling with a parent) and Tots (crawling -24 months with a parent) The cost is \$750 (Early Bird Registration is \$725, you save \$25) and includes • Five days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • A 200+ page Baby & Tot IBY facilitator manual/reference book • A certification packet, which provides you with all the necessary tools you will need to become a certified Baby & Tot Itsy Bitsy Yoga facilitator • A signed copy of Helen's book • An Itsy Bitsy Yoga t-shirt. A \$150 deposit is required to guarantee placement in the Baby & Tot Itsy Bitsy Yoga Facilitator Training.

2-day TYKE Itsy Bitsy Yoga Facilitator Training prepares you to teach yoga to Tykes (21 months-Age 4 with a parent) The cost is \$375 (Early Bird Registration is \$350, you save \$25) and includes • Two days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • A 100+ page IBY Tyke facilitator manual/reference book • Tykes IBY Teaching Kit • A certification packet, which provides you with all the necessary tools you will need to become a certified Tykes Itsy Bitsy Yoga facilitator • An Itsy Bitsy Yoga t-shirt. A deposit of \$75 is required to guarantee placement in the Tykes Itsy Bitsy Yoga Facilitator Training.

4-day TOT & TYKE Itsy Bitsy Yoga Facilitator Training prepares you to teach yoga to Tots (crawling/10 -24 months with a parent) and Tykes (21 months-Age 4 with a parent) The cost is \$645 (Early Bird Registration is \$620, you save \$25) and includes • Four days of interactive training with Helen Garabedian, founder of Itsy Bitsy Yoga • A 200+ page Tots & Tykes IBY tyke facilitator manual/reference book • Tykes IBY Teaching Kit • A certification packet, which provides you with all the necessary tools you will need to become a certified Tots & Tykes Itsy Bitsy Yoga facilitator • An Itsy Bitsy Yoga t-shirt. A deposit of \$125 is required to guarantee placement in the Tots & Tykes Itsy Bitsy Yoga Facilitator Training.

Please mail or fax the *registration form, signed participant agreement and deposit or full payment* to:

Spirit into Life, Inc. C/O Itsy Bitsy Yoga Int'l P.O. Box 282 Sudbury, MA 01776 USA FAX # (413) 812-4146

Payment: Please make checks payable to Spirit into Life Inc. for any training held in the United States, or include credit card info below. All balances are due 14 days prior to the start of training.

Circle credit card type: Master Card Visa

Card # _____ Exp. Date _____ \$ _____

Cardholder Name: _____ Signature: _____

Check # _____ Check amount \$ _____

Cancellation Policy: Itsy Bitsy Yoga International reserves the right to cancel or reschedule trainings.

Refund Policy: Refunds are available in writing no later than 30 days prior to the start of training. A \$75 processing fee will be subtracted. We are unable to honor refund requests made after that date.

Confirmation: Shortly after we receive your application you will receive a welcoming email (or letter) confirming your registration and providing you with further details.

Questions: If you need to speak with someone at Itsy Bitsy Yoga regarding your application or qualifications email register@ItsyBitsyYoga.com or call (877) YOGA-FUN (877) 964-2386 or (978) 443-8468.

Signature

Date



Itsy Bitsy Yoga® (IBY) Participant Agreement

I, (print your name) _____ am participating and learning about Itsy Bitsy Yoga® classes for parents to enjoy with their child(ren). I understand that attendance of any part of any IBY Facilitator Training workshop, and/or completion of any part or all of the Certification Packets prepares me to begin practicing the art of facilitating parent/child yoga classes using the IBY yoga postures, philosophies, techniques and series applicable to the age range covered during this workshop.

I understand that Helen Garabedian, the Founder of Itsy Bitsy Yoga International, has extensive training in Yoga, Infant Developmental Movement and Early Childhood Education. She is committed to insure the quality of Itsy Bitsy Yoga® through continued research and training. Therefore, I agree not to conduct trainings in baby yoga, toddler yoga, preschool-aged yoga, or IBY for workshops for professionals, paraprofessional, or aspiring mentors/teachers. I also agree not to certify professionals, daycare providers, yoga, massage or early childhood teachers in the IBY postures, techniques, and methods.

I understand that I am allowed to present an in-service limited to 1 hour to share highlights of the IBY philosophy and methods learned during my IBY workshop with the intention of introducing to, and clarifying for, professional peers and/or supervisors what I will be teaching to parents and their babies, tots or tykes.

I understand that the Itsy Bitsy Yoga logo and name are registered trademarks of Spirit into Life, Inc./Itsy Bitsy Yoga International. The right to use the name and logo, including officially calling parent/baby, parent/tot, parent/tyke, little family yoga classes "Itsy Bitsy Yoga" is reserved for facilitators who have been awarded certification and fulfill the license requirements set by Itsy Bitsy Yoga International / Spirit Into Life, Inc. Until I am certified in writing, I agree to refrain from specifically and boldly identifying or advertising my parent/baby or parent/tot yoga classes as Itsy Bitsy Yoga classes. However, I may use as a *subtitle* in materials promoting my classes, phrases such as, "offers elements of" or "based on" Helen Garabedian or the Itsy Bitsy Yoga book, philosophy and approach; and that in my personal bio, I may state that I have taken a IBY workshop/training, and/or that I am candidate in the IBY Facilitator Certification Program.

I understand that one exception exists that allows me to officially refer to my classes as IBY Classes *before I am certified and licensed*; and this is when I am fulfilling my 4 community classes to babies and tots, or tykes, for my certification.

I understand that I am allowed to freely excerpt one quote from any IBY publications, promotional materials, or website, in my brochure or other promotional materials. I agree to credit the rightful author(s) of any quote I use in my materials. If more than one quote is excerpted, I agree to obtain written permission from the publisher and/or Spirit into Life, Inc.

I understand that all materials in the IBY Facilitator Handbook, IBY Songbook, IBY Coloring Book, and Certification Packets are protected by copyright and cannot be reproduced in any form, electronic or mechanical, including photocopying without written permission from their publisher or Itsy Bitsy Yoga International.

I understand that workshop participants and certification candidates are not required to hold a certification as an Adult Yoga Teacher. However, those who are not certified teacher of yoga for adults are not authorized or certified to lead, teach, or instruct adult yoga poses outside of the written IBY curriculum.

I respectfully understand that the stories and experiences of other workshop participants, parents, or professionals, are strictly confidential and was shared as a gift to support my training. Unless permission is granted, I agree to refrain from naming/and sharing verbally or in writing, any personal or identifying information expressed in the workshop.

I understand that my status as a Certified Itsy Bitsy Yoga Facilitator is contingent upon acceptance of the terms of the Limited License Agreement I am offered.

I understand that IBY/Spirit into Life, Inc. offer workshops and ongoing supervision for its enrolled candidates and that IBY and Spirit into Life, Inc. do not employ or guarantee employment to workshop participants, nor will IBY and Spirit into Life, Inc. organize my parent/baby, parent/tot, parent/tyke or little family yoga classes.

In signing below, I am consenting to abide by this Agreement. I have read, understand, and agree with the Information stated above.

Workshop Participant Signature

Date

Please submit the signed agreement with your registration form and keep a copy for your records.